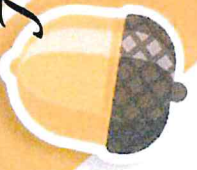


NOVEMBER | 2024

MAYS COMMUNITY ACADEMY SCHOOL



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

28	29	30	31	1
<p>4 Pancakes/Sausage/Syrup Choice of Fruits/Juice/Milks</p> <p>Hot Dog/Bun/Coney Sauce Musti/Ket/Ranch/Cheese</p> <p>Hash Brown</p> <p>Baked Beans</p> <p>Choice of Fruits/Juice</p> <p>Choice of Milks</p>	<p>5 Breakfast Pizza Choice of Fruits/Juice/Milks</p> <p>Taco/Shredded Lettuce/Salsa</p> <p>Taco Sauce/Shredded Cheese</p> <p>Queso/Nacho Chips</p> <p>Buttered Corn</p> <p>Choice of Fruits/Juice</p> <p>Choice of Milks</p>	<p>6 Choice of Fruits/Juice/Milks</p> <p>**Bird Dogs</p> <p>Musti/Ket/Ranch/BBQ/Honey/Must</p> <p>Potato Smiles</p> <p>Broccoli w/ Cheese Sauce</p> <p>Buttered Corn</p> <p>Cookie</p> <p>Choice of Fruits/Juice/Milks</p>	<p>7 French Toasts/Sausage/Syrup Choice of Fruits/Juice/Milks</p> <p>Popcorn Chicken</p> <p>BBQ/Ranch/Honey/Must/Ket</p> <p>Hash Browns</p> <p>Buttered Peas</p> <p>Choice of Fruits/Juice</p> <p>Choice of Milks</p>	<p>8 Waffles/Syrup Choice of Fruits/Juice/Milks</p> <p>Pizza</p> <p>Tossed Salad/Dressings</p> <p>Carrots/Dip</p> <p>Choice of Fruits/Juice</p> <p>Choice of Milks</p>
<p>11 Pancakes/Sausage/Syrup Choice of Fruits/Juice/Milks</p> <p>Veteran's Meal "Welcome"</p> <p>Roasted Turkey/Gravy</p> <p>Mashed Potatoes</p> <p>Green Beans</p> <p>Rolls/Butter/Jelly</p> <p>Cookie</p> <p>Choice of Fruits/Juice/Milks</p>	<p>12 Breakfast Pizza Choice of Fruits/Juice/Milks</p> <p>Chicken Pattie/Bun/Cheese</p> <p>BBQ/Ranch/Honey/Must/Ket/Mayo</p> <p>French Fries</p> <p>Baked Beans</p> <p>Choice of Fruits/Juice/Milks</p>	<p>13 Sausage Gravy/Biscuits Choice of Fruits/Juice/Milks</p> <p>Mini Ravioli</p> <p>Bosco Sticks</p> <p>Carrots/Dip</p> <p>Buttered Corn</p> <p>Choice of Fruits/Juice</p> <p>Choice of Milks</p>	<p>14 French Toasts/Sausage/Syrup Choice of Fruits/Juice/Milks</p> <p>Chicken Tenders</p> <p>BBQ/Ranch/Honey/Must/Ket</p> <p>Hash Browns</p> <p>Broccoli w/ Cheese Sauce</p> <p>Choice of Fruits/Juice</p> <p>Choice of Milks</p>	<p>15 Waffles/Syrup Choice of Fruits/Juice/Milks</p> <p>Pizza</p> <p>Tossed Salad/Dressings</p> <p>Carrots/Dips</p> <p>Choice of Fruits/Juice</p> <p>Choice of Milks</p>
<p>18 Pancakes/Sausage/Syrup Choice of Fruits/Juice/Milks</p> <p>Hamburger/Bun/Cheese</p> <p>Ket/Ranch/Honey/Must/Mayo</p> <p>French Fries</p> <p>Baked Beans</p> <p>Choice of Fruits/Juice</p> <p>Choice of Milks</p>	<p>19 Breakfast Pizza Choice of Fruits/Juice/Milks</p> <p>Spaghetti w/ Meat Sauce</p> <p>Parmesan Cheese</p> <p>Green Beans</p> <p>Carrots</p> <p>Garlic Bread</p> <p>Choice of Fruits/Juice/Milks</p>	<p>20 Egg and Cheese Biscuits Choice of Fruits/Juice/Milks</p> <p>Grilled Cheese</p> <p>Potato Smiles/Ketchup</p> <p>Broccoli w/ Cheese Sauce</p> <p>Cookie</p> <p>Choice of Fruits/Juice</p> <p>Choice of Milks</p>	<p>21 French Toasts/Sausage/Syrup Choice of Fruits/Juice/Milks</p> <p>Mashed Potato/Hamburger Bowl</p> <p>Buttered Corn</p> <p>Peas</p> <p>Choice of Pudding Cups</p> <p>Choice of Fruits/Juice</p> <p>Choice of Milks</p>	<p>22 Waffles/Syrup Choice of Fruits/Juice/Milks</p> <p>Pizza</p> <p>Tossed Salad/Dressings</p> <p>Carrots/Dip</p> <p>Choice of Fruits/Juice</p> <p>Choice of Milks</p>
<p>25 Choice of Fruits/Juice/Milks</p> <p>Pancakes/Sausage/Syrup</p> <p>Chicken /Pattie/Bun/Cheese</p> <p>Musti/Ket/Mayo/BBQ/Honey/Must</p> <p>Ranch</p> <p>French Fries</p> <p>Baked Beans</p> <p>Choice of Fruits/Juice</p> <p>Choice of Milks</p>	<p>26 Breakfast Pizza Choice of Fruits/Juice/Milks</p> <p>Pizza</p> <p>Tossed Salad/Dressings</p> <p>Carrots/Dip</p> <p>Choice of Fruits/Juice</p> <p>Choice of Milks</p>	<p>27</p>	<p>28</p>	<p>29</p>

HAVE A HAPPY
THANKSGIVING!!

Breakfast is served in the cafeteria from 7:45am to 8:15am. Students may choose a hot entrée, cereal, pop tart, muffin, cheese stick or an Uncrustable. All students eat in the cafeteria. If a bus runs late the student may take a grab and go from the cafeteria and eat in the classroom.

At lunch a student may choose an Uncrustable, cheese stick, or a peanut butter and jelly sandwich instead of the hot lunch entrée. They may also choose a vegetable, fruit, juice and a milk.

Adults may order to go lunches: \$5.75 or join us at school for \$5.00. Please call the school office 756-645-5577 to order or come and eat lunch at school.

Adult Breakfast is \$2.85
Lunch is \$5.00. Guest Student Breakfast is \$2.00 Lunch is \$2.95.

Fresh fruit and whole grain snacks are served free daily. Chocolate, white milk and water are served daily. ALL STUDENT MEALS ARE FREE.

Students that bring their lunch from home may choose 3 items for free to supplement their lunch if they desire. We are an equal opportunity provider. Menus are subject to change without notice.