

SEPTEMBER | 2021

MAYS COMMUNITY ACADEMY SCHOOL



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30</p>	<p>31</p>	<p>1</p>	<p>2</p>	<p>3</p>
<p>6</p> <p>No School</p> <p>Labor Day!!</p>	<p>7 Breakfast Pizza Choice of Fruits/Juice/Milks</p> <p>Sloppy Jo on a Bun Tator Tots Baked Beans Choice of Fruits/Juice Choice of Milks</p>	<p>8 Pancake Wraps/Syrup Choice of Fruits/Juice/Milks</p> <p>Fish Sticks/Tartar Sauce Macaroni and Cheese Broccoli w/ Cheese Sauce Green Beans Choice of Fruits/Juice Choice of Milks</p>	<p>9 French Toast/Syrup/Sausage Choice of Fruits/Juice/Milks</p> <p>Grilled Ham and Cheese Hash Browns California Blend w/ Cheese Sauce Chocolate Chip Cookie Choice of Fruits/Juice Choice of Milks</p>	<p>10 Iced Honey Bun Choice of Fruits/Juice/Milks</p> <p>Stuffed Crust Pizza Tossed Salad/Dressings Veggie Cup w/ Dip Choice of Fruits/Juice Choice of Milks</p>
<p>13 Pancakes/Syrup/Sausage Choice of Fruits/Juice/Milks</p> <p>Hamburger on a Bun Must/Ket/Mayo/Pickles/Cheese French Fries Baked Beans Choice of Fruits/Juices Choice of Milks</p>	<p>14 Breakfast Pizza Choice of Fruits/Juice/Milks</p> <p>Taco/Lettuce/Salsa/Taco Sauce Queso/Chips/Sour Cream Shredded Cheese Buttered Corn Choice of Fruits/Juice Choice of Milks</p>	<p>15 Pancake Wraps/Syrup Choice of Fruits/Juice/Milks</p> <p>Crispy Chicken Pattie on a Bun Must/Ket/Mayo/Honey Must/Ranch Hash Browns California Blend w/ Cheese Sauce Choice of Fruits/Juice Choice of Milks</p>	<p>16 French Toast/Syrup/Sausage Choice of Fruits/Juice/Milks</p> <p>Chicken Tenders BBQ/Honey Must/Ranch Mashed Potatoes Broccoli w/ Cheese Sauce Yeast Roll/Butter/Jelly Choice of Fruits/Juice/Milks</p>	<p>17 Iced Honey Bun Choice of Fruits/Juice/Milk</p> <p>Taco Pizza Wedges Queso/ Salsa/Taco Sauce Seasoned Green Beans Carrots/Ranch Choice of Fruit/Juice Choice of Milks</p>
<p>20 Pancakes/Syrup/Sausage Choice of Fruits/Juice/Milks</p> <p>Tenderloin on a Bun Must/Ket/Mayo/Pickles Tator Tots Baked Beans Choice of Fruits/Juice Choice of Milks</p>	<p>21 Breakfast Pizza Choice of Fruits/Juice/Milks</p> <p>Spaghetti w/ Meat Sauce Tossed Salad/Dressings Carrots/Ranch Garlic Bread Sticks w/ Parmesan Choice of Fruits/Juice Choice of Milks</p>	<p>22 Pancake Wraps/Syrup Choice of Fruits/Juice/Milks</p> <p>Chicken Nuggets Ket/BBQ/Ranch/Honey Mustard Mashed Potatoes California Blend w/ Cheese Sauce Choice of Fruits/Juice Choice of Milks</p>	<p>23 French Toast/Syrup/Sausage Choice of Fruits/Juice/Milks</p> <p>Hot Dog on a Bun Must/Ket/ConeySauce/Cheese/Relish French Fries Broccoli w/ Cheese Sauce Ice Cream Choice of Fruits/Juice/Milks</p>	<p>24 Iced Honey Bun Choice of Fruits/Juice/Milks</p> <p>Pizza Stuffed Bosco Sticks Queso or Marinara Cup Veggie Bowl/Dip Buttered Corn Choice of Fruits/Juice Choice of Milks</p>
<p>27 Pancakes/Syrup/Sausage Choice of Fruits/Juice/Milks</p> <p>Chicken Pattie on a Bun Must/Ket/Mayo/HoneyMust/Ranch French Fries Baked Beans Choice of Fruits/Juice Choice of Milks</p>	<p>28 Breakfast Pizza Choice of Fruits/Juice/Milks</p> <p>Taco/Lettuce/Salsa/Taco Sauce Queso/Chips/Sour Cream Shredded Cheese Buttered Corn Choice of Fruits/Juice Choice of Milks</p>	<p>29 Pancake Wraps/Syrup Choice of Fruits/Juice/Milks</p> <p>Popcorn Chicken/Tso Sauce Must/Ket/BBQ/Ranch/Honey Must Fried Rice Hash Brown Pattie California Blend w/ Cheese Sauce Choice of Fruits/Juice/Milks</p>	<p>30 French Toast/Syrup/Sausage Choice of Fruits/Juice/Milk</p> <p>Chicken and Noodles Mashed Potatoes Broccoli w/ Cheese Sauce Yeast Rolls/Butter/Jelly Choice of Fruits/Juice Choice of Milks</p>	<p>1 Iced Honey Bun Choice of Fruits/Juice/Milks</p> <p>Pizza Tossed Salad/Dressings Carrots/Ranch Sherbet Choice of Fruits/Juice Choice of Milks</p>

BREAKFAST: Served in cafeteria:

7:45 am until 8:15 am

A student may choose a cheese stick, pop tart, cereal, cereal bar, or an uncrustable in place of the hot entrée for breakfast and those students will eat in the cafeteria.

We also offer a grab 'n go breakfasts where students choose items and we place in a ziplock bag.(from 7:45 to 8:30 am) and they will eat in their classroom.

All students must choose at least 3 items and one item must be a fruit or juice to complete the meal.

LUNCH:

A student may choose an uncrustable and cheese stick or a lunchable in place of hot entrée for lunch and then the student may choose vegetable, fruit, juice and milk (a student must take at least 1 veggie and/or fruit/juice to make a complete meal)(some items count as 2 items: sandwich=bread and meat; pancake wrap=bread and meat; pizza=bread and meat; so one choice of fruit/juice or veggie completes the meal.

Jr. High Students may choose a hot lunch, cold, lunch items, pizza or a salad.

To order to go lunches: for \$5.50 or to join us for lunch at school for \$4.60 please call 765-645-5577 by 9:00 am.

Adult Breakfast: \$2.50

Adult Lunch: \$4.60

Fresh fruit and snacks served daily.

Milk(white or chocolate) and water are offered with every meal.

All student breakfasts and lunches are free.

Any student that brings their lunch may also choose 3 items from school lunch to supplement their packed lunch.