

NOVEMBER | 2020



MAYS COMMUNITY ACADEMY SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 Pancake/Syrup/Sausage
Choice of Fruits/Juice
Choice of Milks
Chicken Pattie on a Bun
Must/Ket/Pickles/Mayo/Ranch/BBQ
Tator Tots
Baked Beans
Choice of Fruits/Juice
Milks

3 Eggs/Hash Brown/Toast
Choice of Fruits/Juice
Choice of Milks
Tacos/Lettuce/Salsa/Taco Sauce
Queso/Chips/Sour Cream/Cheese
Buttered Corn
Choice of Fruits
Choice of Juice
Choice of Milks

4 Pancake Wrap/Syrup
Choice of Fruits/Juice
Choice of Milks
Chicken Strips
Mashed Potatoes
Green Beans
Yeast Roll/Butter/Jelly
Choice of Fruits/Juice
Choice of Milks

5 French Toast/Syrup/Sausage
Choice of Fruits/Juice
Choice of Milks
Hot Ham and Cheese on a Bun
Hash Brown
California Blend w/ cheese
Choice of Fruits
Choice of Juice
Choice of Milks

6 Breakfast Pizza
Choice of Fruits/Juice
Choice of Milks
Ravioli
Broccoli w/ Cheese Sauce
Carrots/Ranch Dip
Bosco Sticks w/ Cheese
Choice of Fruits/Juice
Choice of Milks

9 Pancake/Syrup/Sausage
Choice of Fruits/Juice
Choice of Milks
Hamburger on a Bun
Must/Ket/Pickles/Mayo/Cheese Slice
French Fries
Baked Beans
Choice of Fruits/Juice
Choice of Milks

10 Eggs/Hash Brown/Toast
Choice of Fruits/Juice
Choice of Milks
Walking Taco w/ Fritos or Chips
Tacos/Lettuce/Salsa/Taco Sauce
Queso/Sour Cream/Cheese
Buttered Corn
Choice of Fruits/Juice
Choice of Milks

11 French Toast/Syrup/Sausage
Choice of Fruits/Juice
Choice of Milks
Chicken Pattie on a Bun
Must/Ket/Pickles/Mayo/Ranch/BBQ
Tator Tots
Broccoli w/ Cheese Sauce
Choice of Fruits/Juice
Choice of Milks

12 Pancake Wrap/Syrup
Choice of Fruits/Juice
Choice of Milks
Spaghetti w/ Meat Sauce
Tossed Salad/Dressings
Carrots/Ranch/ Dip
Garlic Bread
Choice of Fruits/Juice
Choice of Milks

13 Iced Cinnamon Roll
Choice of Fruits/Juice
Choice of Milks
Taco Pizza Wedges
Taco Sauce/Cheese Dip
Broccoli w/ Cheese Sauce
Veggie Bowl w/ Ranch Dip
Choice of Fruits/Juice
Choice of Milks

16 Pancake/Syrup/Sausage
Choice of Fruits/Juice
Choice of Milks
Corn Dog
Tator Tots
Baked Beans
Choice of Fruits
Choice of Juice
Choice of Milks

17 Eggs/Hash Browns/Toast
Choice of Fruits/Juice
Choice of Milk
Chicken Quesadilla/Lett/Salsa/Cheese
Taco Sauce/Queso/Chips/Sour Cream
Buttered Corn
Choice of Fruits
Choice of Juice
Choice of Milks

18 French Toast/Syrup/Sausage
Choice of Fruits/Juice
Choice of Milks
Steak Nuggets
French Fries
California Blend w/ Cheese
Choice of Fruits
Choice of Juice
Choice of Milks

19 Pancake Wrap/Syrup
Choice of Fruits/Juice
Choice of Milks
Chicken and Noodles
Mashed Potatoes
Broccoli w/ Cheese Sauce
Yeast Rolls/Butter/Jelly
Pumpkin Pie
Choice of Fruits/Juice/Milk

20 Breakfast Pizza
Choice of Fruits/Juice
Choice of Milks
Stuffed Crust Pizza
Tossed Salad/Dressings
Carrots/Ranch Dip
Choice of Fruits
Choice of Juice
Choice of Milks

23 Pancake/Syrup/Sausage
Choice of Fruits/Juice
Choice of Milks
Chicken Nuggets
Ket/BBQ/Ranch/Honey Mustard
French Fries
Baked Beans
Choice of Fruits/Juice
Choice of Milks

24 Pancake Wraps/Syrup
Choice of Fruits/Juice
Choice of Milks
Pizza Bosco Sticks
Queso Cheese Dip
Carrots/Ranch
Warm Cherry Cobbler
Choice of Fruits/Juice
Choice of Milks

25

26

27

*"HAVE A WONDERFUL
THANKSGIVING VACATION!!"*

30 Pancake/Syrup/Sausage
Choice of Fruits/Juice
Choice of Milks
Chicken Tenders
Ket/BBQ/Ranch/Honey Mustard
French Fries
Baked Beans
Choice of Fruits/Juice
Choice of Milks

1 French Toast/Syrup/Sausage
Choice of Fruits/Juice
Choice of Milks
Hot Dog/Bun/Coney Sauce
Shred Cheese/Must/Ket/Relish
Tator Tots
Broccoli w/ Cheese Sauce
Choice of Fruits/Juice
Choice of Milks

2 Pancake Wrap/Syrup
Choice of Fruits/Juice
Choice of Milks
Popcorn Chicken
Mashed Potatoes
Green Beans
Yeast Rolls/Butter/Jelly
Choice of Fruits/Juice
Choice of Milks

3 Honey Bun w/ Icing
Choice of Fruits/Juice
Choice of Milks
Chili Soup/Shredded Cheese
Crackers/Grilled Cheese
Carrots/Ranch Dip
Ice Cream
Choice of Fruits/Juice
Choice of Milks

4 Eggs/Hash Brown/Toast
Choice of Fruits/Juice
Choice of Milks
Pizza
California Blend w/ Cheese Sauce
Veggie Bowl/ Ranch Dip
Choice of Fruits
Choice of Juice
Choice of Milks

**BREAKFAST: Served in cafeteria:
7:45 am until 8:15 am**

A student may choose a cheese stick, pop tart, cereal, cereal bar, or an uncrustable in place of the hot entrée for breakfast and those students will eat in the cafeteria.

We also offer a grab 'n go breakfasts where students choose items and we place in a ziplock bag (from 7:45 to 8:30 am) they will eat in the classroom.

All students must choose at least 3 items and one item must be a fruit or juice to complete the meal.

Grab 'n Go students may then go to their classroom to eat.

LUNCH:

A student may choose an uncrustable and cheese stick or a lunchable in place of hot entrée for lunch and then the student may choose vegetable, fruit, juice and milk. (a student must take at least 1 veggie and/or fruit/juice to make a complete meal).

(some items count as 2 items:
sandwich=bread and meat;
pancake wrap=bread and meat;
pizza=bread and meat; so one choice of fruit/juice or veggie completes the meal.

To order to go lunches: for \$5.50 or to join us for lunch at school for \$3.65 please call 765-645-5577 by 9:00 am.

Adult Breakfast: \$2.25

Adult Lunch: \$3.75

Child Breakfast: \$1.45

Child Lunch: \$2.90

Fresh fruit and snacks served daily.

Milk(white or chocolate) and water offered with every meal.