## MAYS COMMUNIY ACADEMY SCO

|  | <b>ENEH</b>               | 20 Anita's Choice<br>Choice of Fruit/Juice/Milk<br>Hamburger/Bun/Cheese/Pickles<br>Must/Ket/Mayo<br>Tators<br>Baked Beans<br>Choice of Fruits/Juice        | 13Anita's Choice Choice of FruitJuice/Milk Tenderloin/Bun/Cheese Must/Ket/Mayo/Ranch/Pickles Tator Tots Baked Beans Choice of Fruit/Juice Choice of Milks   | 6 Pancakes/Syrup/Sausage Choice of Fruits/Juice/Milks Chicken Pattie/Bun/Cheese Slice Must/Ket/Mayo/Honey/Must/Ranch Pickles/BBQ French Fries Baked Beans Choice of Fruits/Juice/Milks   | 29 | MONDAY    |
|--|---------------------------|--|---|--|----|-----------|
| SEE YO   | A FUN                     | 21 Breakfast Pizza Choice of Fruits/Juice/Milks Chicken Nuggets Ket/BBQ/Honey/Must/Ranch Hash Brown Anita's Carrots Choice of Fruits/Juice Choice of Milks | 1.4 Breakfast Pizza Choice of Fruits/Juice/Milks Spaghetti w/ Meat Sauce Tossed Salad w/ Dressings California Blend w/Cheese Sauce Garlic Bread Choice of Fruits/Juice Choice of Milks                          | Breakfast Pizza Choice of Fruits/Juice/Milks Choice of Fruits/Juice/Milks Taco/Lettuce/Salsa/Taco Sauce Queso/Chips/Sour Cream Shredded Cheese Buttered Corn Choice of Fruits/Juice Choice of Milks                                      | 30 | TUESDAY   |
| STE YOU IN AUGUST!!  | BAND S.                   | 22 Pancake Wraps/Syrup 22 Choice of Fruits/Juice/Milks Pizza Salad/Dressings Corn Ice Cream Choice of Fruits/Juice Choice of Milks                         | Choice of Fruits/Juice/Milks Choice of Fruits/Juice/Milks Chicken Quesadilla Pizza or a Taco Pizza/Salsa/ShreddedCheese Chips/Queso Dip/Buttered Corn Green Beans Taco Sauce/Salsa Choice of Fruits/Juice/Milks | B Pancake Wrap/Syrup Choice of Fruits/Juice/Milks Macaroni and Cheese Fish/Bun/Cheese Fresh Green Peas Anita's Carrots Choice of Fruits/Juice Choice of Milks  | •  | WEDNESDAY |
| iitsngn  | THAVE IN FUN BND SAFE SUN | able   | Choice of Fruits/Juice/Milks Choice of Fruits/Juice/Milks Chicken Tenders Ket/Honey Must/BBQ/Ranch Mashed Potatoes Anita's Carrots Yeast Roll/Butter/Jelly Choice of Fruits/Juice/Milks                         | g French Toast/Sausage/Syrup<br>Choice of Fruits/Juice/Milks<br>Chicken and Noodles<br>Chicken and Noodles<br>Mashed Potatoes<br>California Blend w/Cheese Sauce<br>Yeast Rolls/Butter/Jelly<br>Choice of Fruit/Juice<br>Choice of Milks | 2  | THURSDAY  |
|  | MMERI                     | 24 "FIELD DAY FUN!!" Darla's Choice Choice of Fruit/Juice/Milks Roasted Hot Dog/Bun Must/Ket Celery/Carrots Chips/Apple/Cookie Juice and Milk Choices      | 17 Darla's Choice Choice of Fruits/Juice/Milks Pizza Tossed Salad/Dressings Peas and Carrots Choice of Fruits/Juice/Milk "SUMMER BIRTHDAY CAKE"   | 10 Anita's Choice Choice of Fruits/Juice/Milks Stuffed Crust Pizza Tossed Salad/Dressings Carrots Choice of Fruits/Juice Milks   | ω  | FRIDAY    |
| Start Addense St   |                           |  |   |  |    |           |
| Breakfast is serve cafeteria from 7: Students may chentrée, cereal, p. cheese stick or a All students eat it take a grab and cafeteria and ear classroom.  At lunch a stude and cafeteria and ear classroom.  At lunch a stude and cafeteria and ear classroom.  At lunch a stude and cafeteria and ear classroom.  At lunch a stude and cafeteria and ear classroom.  At lunch a stude and cafeteria and ear classroom.  At lunch is state and cafeteria and ear sentrée. They may orde \$5.75 or join us: \$4.85. Please caffice 756-645-5 come and eat lunch is \$4.85. Come and eat lu |                           |  |   |  |    |           |

eakfast is served in the eteria from 7:45am to 8:15am idents may choose a hot rée, cereal, pop tart, muffin, sese stick or an Uncrustable. Students eat in the cafeteria. If us runs late the student may e a grab and go from the eteria and eat in the ssroom.

At lunch a student may choose an Uncrustable, cheese stick, or a peanut butter and jelly sandwich instead of the hot lunch entrée. They may also choose a vegetable, fruit, juice and a milk. Adults may order to go lunches: \$5.75 or join us at school for \$4.85. Please call the school office 756-645-5577 to order or come and eat lunch at school. Adult Breakfast is \$2.70 Lunch is \$4.85. Guest Student Breakfast is \$1.85 Lunch is \$2.60.

Fresh fruit and whole grain snacks are served free daily. Chocolate, white milk and water are served daily. ALL STUDENT MEALS ARE FREE. Students that bring their lunch from home may choose 3 items for free to supplement their lunch if they desire

Ve are an equal opportunity rovider.

Menus are subject to change without notice.