

FEBRUARY | 2024

MAYS COMMUNITY ACADEMY SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>5 Pancakes/Sausage/Syrup Choice of Fruits/Juice/Milks Tenderloin/Bun/Cheese Slice Must/Ket/Mayo/BBQ/Pickles French Fries Baked Beans Choice of Fruits/Juice Choice of Milks</p>	<p>6 Breakfast Pizza Choice of Fruits/Juice/Milks Mini Corn Dogs Must/Ket Hash Brown Broccoli w/ Cheese Sauce Choice of Fruits/Juice Choice of Milks</p>	<p>7 Pancake Wraps/Syrup Choice of Fruits/Juice/Milks Fish Sticks/Tartar Sauce Macaroni and Cheese Buttered Peas Hot Biscuits w/ Butter/Jelly Choice of Fruits/Juice Choice of Milks</p>	<p>8 French Toast/Syrup/Sausage Choice of Fruits/Juice/Milks Chicken Tenders Ket/Must/BBQ/Ranch/Honey Must. Mashed Potatoes Anita's Cooked Carrots Yeast Roll/Butter/Jelly Choice of Fruits/Juice Choice of Milks</p>	<p>9 Cook's Choice Choice of Fruits/Juice/Milks Pizza Tossed Salad/Dressings Carrots/Ranch Choice of Fruits/Juice Choice of Milks</p>
<p>12 Pancakes/Sausage/Syrup Choice of Fruits/Juice/Milks Chicken Pattie/Bun/Cheese Slice Must/Ket/Mayo/Honey/Must/Ranch Pickles/BBQ French Fries/Baked Beans Choice of Fruits/Juice Choice of Milks</p>	<p>13 Breakfast Pizza Choice of Fruits/Juice/Milks Tacos/Lettuce/Salsa/Taco Sauce Queso/Chips/Sour Cream Shredded Cheese Buttered Corn Choice of Fruits/Juice Choice of Milks</p>	<p>14 Pancake Wraps/Syrup Choice of Fruits/Juice/Milks Hamburger/Bun/Cheese Slice Pickles/Must/Ket/Mayo Tator Tots Anita's Cooked Carrots Choice of Fruits/Juice Choice of Milks</p>	<p>15 French Toast/Syrup/Sausage Choice of Fruits/Juice/Milks Pizza Tossed Salad/Dressings Buttered Peas and Carrots Cookie Choice of Fruit/Juice Choice of Milks</p>	<p>16 <i>NO SCHOOL!!</i></p>
<p>19 <i>NO SCHOOL!! PRESIDENTS' DAY!!</i></p>	<p>20 Breakfast Pizza Choice of Fruits/Juice/Milks Mini Ravioli Bosco Sticks/Marinara Tossed Salad/Dressings Anita's Cooked Carrots Cookie Choice of Fruit/Juice/Milks</p>	<p>21 Pancake Wraps/Syrup Choice of Fruits/Juice/Milks Tomato Soup/Grilled Cheese Veggie Cup/Ranch Crackers/Peanut Butter Choice of Fruits/Juice Choice of Milks</p>	<p>22 French Toast/Syrup/Sausage Choice of Fruits/Juice/Milks Chicken and Noodles Mashed Potatoes California Blend w/Cheese Sauce Yeast Rolls/Butter/Jelly Choice of Fruits/Juice Choice of Milks</p>	<p>23 Cook's Choice Choice of Fruits/Juice/Milks Stuffed Crust Pizza Tossed Salad/Dressings Carrots/Ranch Choice of Fruits/Juice Choice of Milks</p>
<p>26 Pancakes/Sausage/Syrup Choice of Fruits/Juice/Milks Hot Dog/Bun/Conney Sauce Must/Ket/Relish/Shred Cheese French Fries Baked Beans Choice of Fruits/Juice Choice of Milks</p>	<p>27 Breakfast Pizza Choice of Fruits/Juice/Milks Chicken Quesadilla Nacho Chips/Queso/Salsa Taco Sauce/Shredded Cheese Buttered Corn Choice of Fruits/Juice Choice of Milks</p>	<p>28 Pancake Wraps/Syrup Choice of Fruits/Juice/Milks Chicken Nuggets Ket/Must/BBQ/Ranch/Honey/Must Hash Brown Green Beans Choice of Fruits/Juice Choice of Milks</p>	<p>29 French Toast/Syrup/Sausage Choice of Fruits/Juice/Milks Sliced Roasted Turkey Mashed Potatoes/Gravy California Blend w /Cheese Yeast Roll/Butter/Jelly Choice of Fruits/Juice Choice of Milks</p>	<p>Cook's Choice Choice of Fruits/Juice/Milks Pizza Tossed Salad/Dressings Carrots/Ranch Choice of Fruits/Juice Choice of Milks</p>

Breakfast is served in the cafeteria from 7:45am to 8:15am. Students may choose a hot entrée, cereal, pop tart, muffin, cheese stick or an Uncrustable. All students eat in the cafeteria. If a bus runs late the student may take a grab and go from the cafeteria and eat in the classroom.

At lunch a student may choose an Uncrustable, cheese stick, or a peanut butter and jelly sandwich or a Lunchable instead of the hot lunch entrée. They may also choose a vegetable, fruit, juice and a milk. Adults may order to go lunches: \$5.75 or join us at school for \$4.85. Please call the school office 756-645-5577 to order or come and eat lunch at school. Adult Breakfast is \$2.70 Lunch is \$4.85. Guest Student Breakfast is \$1.85 Lunch is \$2.60.

Fresh fruit and whole grain snacks are served free daily. Chocolate, white milk and water are served daily. ALL STUDENT MEALS ARE FREE.

Students that bring their lunch from home may choose 3 items for free to supplement their lunch if they desire. We are an equal opportunity provider. Menus are subject to change without notice.